# Join us for our *3rd* FREE Women's Health Workshop!

Everything you need to know about Breast Health & More!



Saturday April 16th 2016 at *the Kitchener Public Library* 

## \*SEMINAR TOPICS\*

BREAST THERMOGRAPHY - early risk assessment for breast cancer and breast health issues

Explore the PHYSICAL/EMOTIONAL/SPIRITUAL CONNECTION to Breast Cancer & Breast Health

**ROOT CANALS** Connection to Breast Cancer

Learn about Lymphatic Drainage through **BREAST MASSAGE** 

ENVIRONMENTAL & HORMONAL INTERACTIONS related to Breast Cancer

NUTRITION STRATEGIES for Breast Health - Hormone Testing Available

#### **GUIDED MEDITATION**

PRIZES WILL BE DRAWN for a FREE Breast Thermography, GIFT CERTIFICATES for Allergy Testing, Reflexology, Naturopathic, Bra fitting services & more!!!

## \*GUEST SPEAKERS & VENDORS\*

Dr. Arla Kasaj, Naturopathic Doctor and Healthy Breast Program specialist
 Dr. Ali Farahani, DDS, Comprehensive Adult Dentistry,
 Mary Kubisewsky, CTT, Breast cancer survivor & director of Thermography Clinic Kitchener Inc.
 Christa Nigh, RMT, qualified in Breast Massage/Lymphatic Drainage
 Blashka Novotna, Registered Nutritionist, Blossom of Health

**VENDORS:** Andrea Alexander, 100% Pure Skin & Body Care, Dr. Arla Kasaj, Belmont Natural Health, Blashka Novotna, Blossom of Health, Christine Nigh, Christine Nigh Massage Therapy, Elizabeth Zbikowski, R & R for You Reflexology, Dr. Ellie Fuke, Naturopathic Doctor, Karen Kerr, Bras Galore & More

## \*EVENT DETAILS\*

WHEN: 10:00am - 2:00pm Saturday April 16th, 2016
WHERE: Kitchener Public Library (Room C) 85 Queen St. N., Kitchener (PAY PARKING OUTSIDE OR UNDERGROUND)
REGISTRATION: Email: info@thermographyclinic-kw.com or phone 519-575-6801 to register!
COST: FREE! Seating is limited, so please register by deadline.
Registration deadline: April 14th, 2016
\*Tea will be provided
\*Bring along your lunch!

\*Fragrance-free event please due to scent sensitivity





